

July 16, 2018

*Your gift helped save Aynara's life!*

Dear Friends of CHHF,

I am writing to thank you for helping the sick and hurting people in Honduras. Because of you, hundreds of people are getting life-saving and life-changing medical care every month.

When someone comes to a CHHF clinic in remote Honduras, they are hurting, sick, and often worried about a loved one. They are looking for one thing – high-quality medical help. They want answers. **Your gift provides this help to people who come to CHHF clinics!**

Two of these people are baby Aynara and her very worried mom. I want to share their story with you because **you have truly helped save Aynara's life:**

10-month-old Aynara weighed just 8 pounds when her mom brought her to the clinic last March. She was severely malnourished, and her mom was terrified. One nurse commented that this was one of the most severe cases of malnourishment she had ever seen!

When the CHHF doctors examined Aynara and her mom, they found that Aynara's mom was not actually producing breast milk and Aynara did not have a sucking reflex. **Aynara was not getting the essential nourishment she needed to survive—to develop physically or mentally.**

**Because of the resources you helped provide, Aynara's mom was given a large supply of formula.** The next three medical teams saw Aynara and continued to give the family formula. They also taught Aynara's mom how to feed Aynara with a syringe and coached her on how to give Aynara good at-home care.

Two months later, Aynara had gained weight and was doing much better. Here she is when she came to the clinic in March and again at the end of June. You can see the difference!

In the United States, we have many places to turn when breastfeeding does not go as planned. But in remote Honduras, the CHHF clinics are often the only place moms can go when they cannot feed their babies themselves.



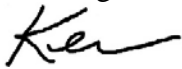
Because of your help, moms and babies who are struggling to breastfeed can get immediate help with things like formula and any emergency intervention. They can also get long-term help in the form of follow-up appointments, education, and referrals to specialists.

You'll be happy to know that this summer, another team is going to Aynara's village and they are following up with her and her mom. **Your gift is amazing! Thank you for giving generously to make sure teams can give this kind of heartfelt, quality care to people who need it in Honduras.**

Aynara's story is just one example of the incredible work your gift does. Over the last few months, your gift has helped provide care for people with severe dehydration, diabetes, hypertension, wounds and infections, prenatal concerns and more!

**Because of you, people in remote areas of Honduras are getting the healthcare they need and deserve!** I am continuously amazed and grateful for your generous giving. I thank you and I know people like Aynara and her mom thank you too!

Blessings,



N.K. Hook, Jr.  
President

P.S. I just want to say this one more time: Thank you for your amazing support. This important work doesn't happen without you!