

*You ensure continuity of care is available to bring hope at unsure times.*

Your presence is felt by those living in remote villages in the Department of Colón, Honduras, *especially* during this time of uncertainty. Because you have been there when needed for many years, the community trusts you! You continue to bring hope and make a difference every day.



*Finding Solutions Together*

Maintaining continuity of care for patients in Honduras has always been a concern. Ensuring our patients have the medical care and medications needed has driven program development, creating a continuum of care.

Community development works with preventing health issues and solving health crisis throughout the community. Medical referrals ensure patients will receive specialty care when necessary. The last team of the year ensures chronically ill patients have enough medication to last throughout the rainy season when teams are unable to travel to Limón.

***What happened when the whole world shut down so quickly?*** There was no time to plan for longer times between medical visits. There is also no timeline for when teams will be able to travel again. Still, patients are in the forefront of our minds.

To bridge the gap in medical care until mission teams

can again travel to Honduras, ***CHHF is planning topilot a Telemed Program.*** This program will allow US doctors and pharmacists to work with Honduran staff to see patients remotely.

A Honduran nurse will be added to our staff there and will work with an interpreter and the doctor to provide patient consultations. A pharmacist will work with a staff member in the pharmacy to review medications prescribed and ensure appropriate dosages.

This Telemed pilot project offers an exciting opportunity. Telemed may be used during the rainy season, or even when there is a gap in teams, guaranteeing our patients uninterrupted care throughout the entire year.

The program will begin as soon as travel in Honduras is allowed. Updates will be posted on social media, our website, and sent to you via email.

## Monthly Support for Yan Carlos' Medication Has Great Results



*Yan Carlos & his mother visit a remote clinic in February.*

The village of Quesera is high in the mountains, one hour past the furthest remote clinic CHHF teams provide in Rio Miel. There are no paved roads leading to Quesera. To travel there you must cross the Tinto Negro River and follow small dirt roads, almost path like, with horse and foot the only means of transportation.

At the end of June, Yan Carlos will celebrate his 12th birthday in the house where he was born in Quesera. It has not been an easy childhood. When Yan Carlos was 8 months old, his mother discovered he was having epileptic seizures. For years she traveled three or more hours to the hospital for him to receive care.

The family used everything they had to help Yan Carlos. Travel, medical care, and medications are expensive. There is no aid available or help from the government. *The family sold as much as they could, even their cow, to provide medications for him. However, after a few years, they had nothing left. With*

*no money, the family was forced to stop Yan Carlos' medication. **His mother, Mary Magdalena, was devastated.***

His epileptic seizures worsened. When he was an infant, seizures occurred monthly, but as he grew, Yan Carlos had seizures multiples times a day. Mary Magdalena was desperate for help. She could not financially afford what was available. She watched her child seizing regularly without help and hope.

Last year on the radio, Mary Magdalena heard a team would be providing medical services on the radio in nearby Rio Miel. She immediately knew this was her opportunity to find help. She walked, carrying her 10-year-old boy, feeling more and more hopeful with every step.

Seen by a physician on a CHHF mission team, a diagnosis was made and Mary Magdalena was given medication for Yan Carlos. Mary Magdalena reported to community development director Gladis weekly on his progress. In turn, that information was given to doctors on future teams to ensure he was receiving the correct dose and ensure adjustments would be made. *Yan Carlos began going days without seizures.*

Additional health problems over the winter and in the early spring were quickly diagnosed with the assistance provided by CHHF and the teams providing medical care. And although teams have been unable to travel to Limón since March, Yan Carlos is still being monitored and receiving medication.

***Your continued support is vital to maintaining good health for Yan Carlos and hundreds of other children like him living in the poorest conditions.***

Joining our team of monthly donors allows families like Yan Carlos' the relief of knowing their child will receive the life-saving medication needed and are grateful for you. If you are not already, **will you consider becoming a monthly supporter today?**

***You can make a difference in the life of an entire family in Honduras just by becoming a monthly donor. Your gift brings the security of healthcare to so many who do not have it.***

***For more information or to begin your monthly donation please***

***Visit  
[chhf.org/donate-now](http://chhf.org/donate-now)***

## *Educating the Community*

Empowering the community is critical and takes many tools. Providing opportunities to learn new skills builds self-sufficiency and, ultimately a stronger community.

In February, Connor Weisman, executive director of Greater Williamsburg HEARTSafe Alliance in Virginia brought the tools and taught CPR classes throughout the week. Training community members, police officers, school officials, and even our staff, Connor encouraged everyone to learn how to help in an emergency. Twenty participants left the training with new knowledge and skills, and even a little more self-esteem.

**You are an essential part of the community health team in Honduras!  
Your support allows educational opportunities and is helping build a more resilient and healthier community.**



## *Meeting A Great Need for Dental Services*



Healthy teeth and gums are a fundamental part of good healthcare. The need is tremendous, but the call to provide is growing! Two of the three teams working at the clinic were able to bring dentists, and there were others scheduled.

One grateful mom said, *“I can tell you we appreciate when dentists come to the clinic. They not only give a health service to our kids, but they also give love, trust, faith and most important hope.”*

## *Growing Healthy Children*

Children’s laughter is one of the best sounds in the world, but their cries of pain are one of the worst. Providing parasite medication to every patient *helps children stay healthy.*

Parasites are common in Honduras. Fresh fruit from the market, unfiltered bathwater, and children playing in the dirt are common ways of transmission. Albendazole, a medication to prevent newly hatched worms from growing in the body, is provided to patients when they visit the CHHF clinic.

***Children throughout the community stay healthy because you care enough to make sure the medication is available for every visit.***



Return Address Requested.

P.O. Box 528, Barnwell, SC 29812-0528



**Mary Magdalena Moreno from Quesera said:**

***“I want to say thank you very much to Fundación Carolina for all you have done for my son Yan Carlos. I was desperate because I could do nothing for my boy, but God sent you to become our angels. I can tell you that since you are helping us, Yan Carlos is doing better. I had lost my faith and my strength, but you made the miracle of believing again. Thanks to all the help and the medications you provide to Yan Carlos. He is doing a lot better and is having a better life. I will never pay you for all you are doing for my boy. God will pay you back. Thank you very much, and please keep helping our communities and our people who really need your help.”***

Read Yan Carlos’s Incredible Story on page 2



After hearing of a baby born to a teenage mom living in extremely poor conditions, Dr. Lorlei Rowe made a surprise visit. The grandmother of the newborn said, *“Thank you very much. This means a lot to us. We don’t have money to bring this girl to the hospital or even to bring her to Limón. The fact that you came to our humble house to visit us show us that God has mercy on us, and he answers our prayers. God Bless You.”*



Carolina Honduras Health Foundation earned a 2020 Platinum Seal from GuideStar. By sharing in-depth financial information, qualitative information on goals and strategies to forward our mission, we’re helping the sector move beyond simplistic financial ratios to assess nonprofit progress. It also shows how CHHF is a good steward of your gifts.